



Commissioner's Book Club

Thunder and the Noise Storms

Discussion guide

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Art can help make things better in society. It can do this in many ways. One way is by showing people what's unfair in the world. Art can also help people understand each other better. When we read a story about someone's life, we can imagine what it's like to be them. Art can also be a way for people to stand up for what's right and to feel like we all belong.

We hope that both adults and children will engage with these books, and that caregivers find these discussion questions useful in initiating conversations with the young people in their lives:

- ★ What is a "noise storm"?
- ★ Have you ever felt something like that? Can you draw or imagine what your own "noise storm" looks like?
- ★ How does Thunder feel when the storm starts?
- ★ What does Thunder's mosom (grandfather) do that helps him?
- ★ What do you do when you're feeling overwhelmed? What makes you feel safe? Who or what helps you when you're having a hard day?
- ★ Do you think everyone has noise storms sometimes? Does everyone have them in the same way?
- ★ How do you think Thunder feels at the end of the story?
- ★ What's one thing you learned from this book?