



British Columbia's
Office of the Human Rights
Commissioner

From hate to hope: A community colouring book

Cover illustration by Paige Jung
from the "From Hate to Hope" report



BC's Office of the Human Rights Commissioner is committed to ensuring fairness and kindness for all. We believe that every person, regardless of their background, deserves to be respected and valued.

One important thing that our Office does is called an inquiry. An inquiry is when we listen to peoples' stories about their experiences and suggest ways to make things fairer for everyone. Our first inquiry report "From Hate to Hope", taught us a lot about how some people are being treated badly because of their identity (like how they look or where they are from).

After our report was published, we worked with artists and communities to create murals in Fort St. John, Nanaimo, Keremeos and Vancouver. Each of the murals represents the conversations that each group had about their experiences of hate, their hope for the future and the importance of community.

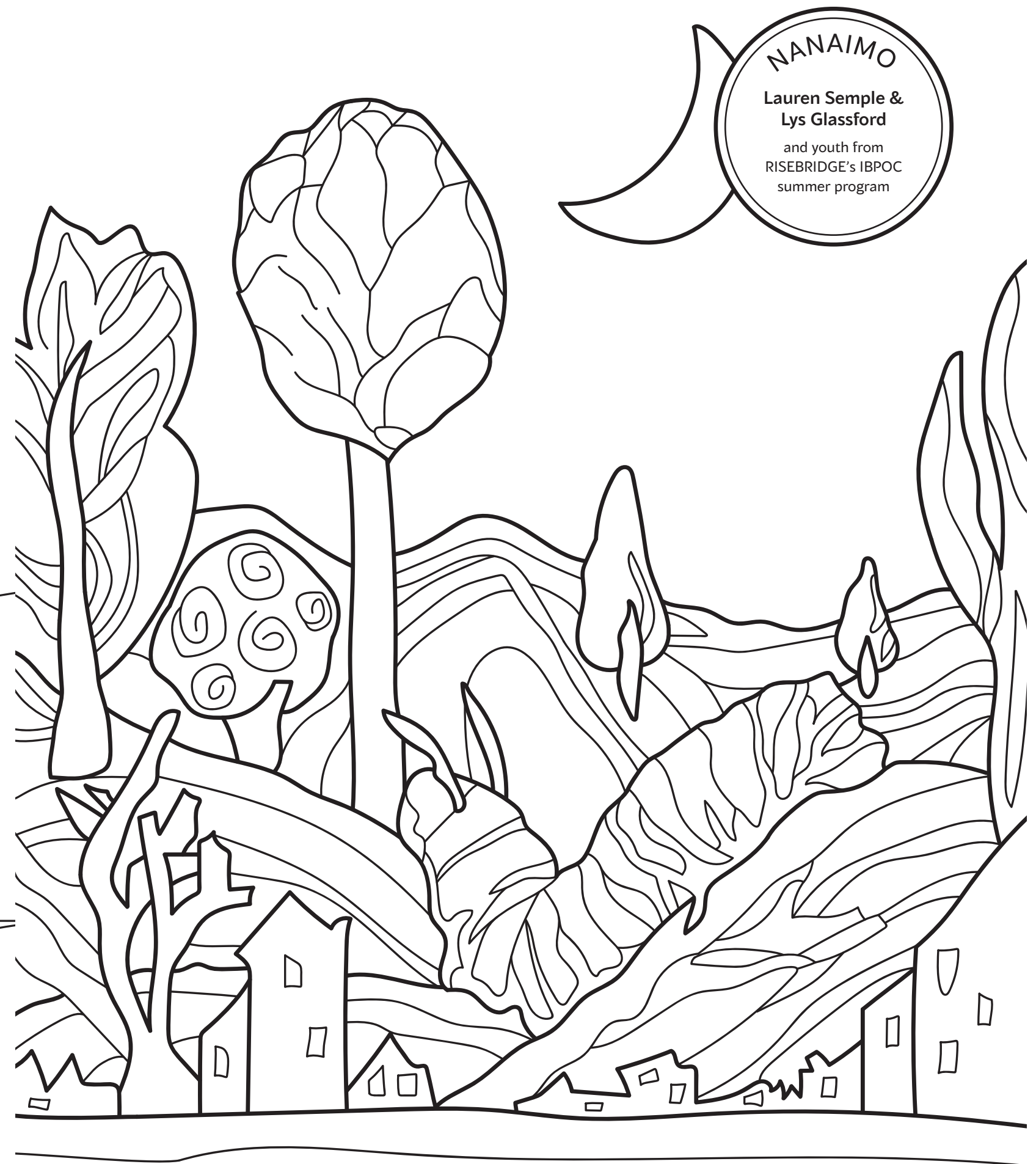
This colouring book features art from the From Hate to Hope report and from the murals in each location. Art can help make things better in society. It can do this in many ways. One way is by showing people what's unfair in the world. Art can also help people understand each other better. When we see a painting or a play about someone's life, we can imagine what it's like to be them. This helps us care more about their problems and want to help fix them. Art can also be a way for people to stand up for what's right and to feel like we all belong, for example, when we can see ourselves reflected in a painting.

Belonging can be found in our libraries, in our community centres and even at our kitchen tables. Our From Hate to Hope inquiry report was brought to life through murals in public spaces—and we created those murals because we know public art is one way to spark conversation, reflection and ultimately change.

We hope that adults and children will both engage with this book, and that caregivers find the discussion questions at the end useful in initiating conversations with the young people using this book.

We are grateful to all of those who participated in the inquiry—those who told us about their experiences, those who shared the work they do every day in communities and the knowledge holders, elders and caregivers who provided support along the way.

To the Indigenous peoples of this place we now call British Columbia: Today we turn our minds to you and to your ancestors. You have kept your unceded homelands strong. We are grateful to live and work here.

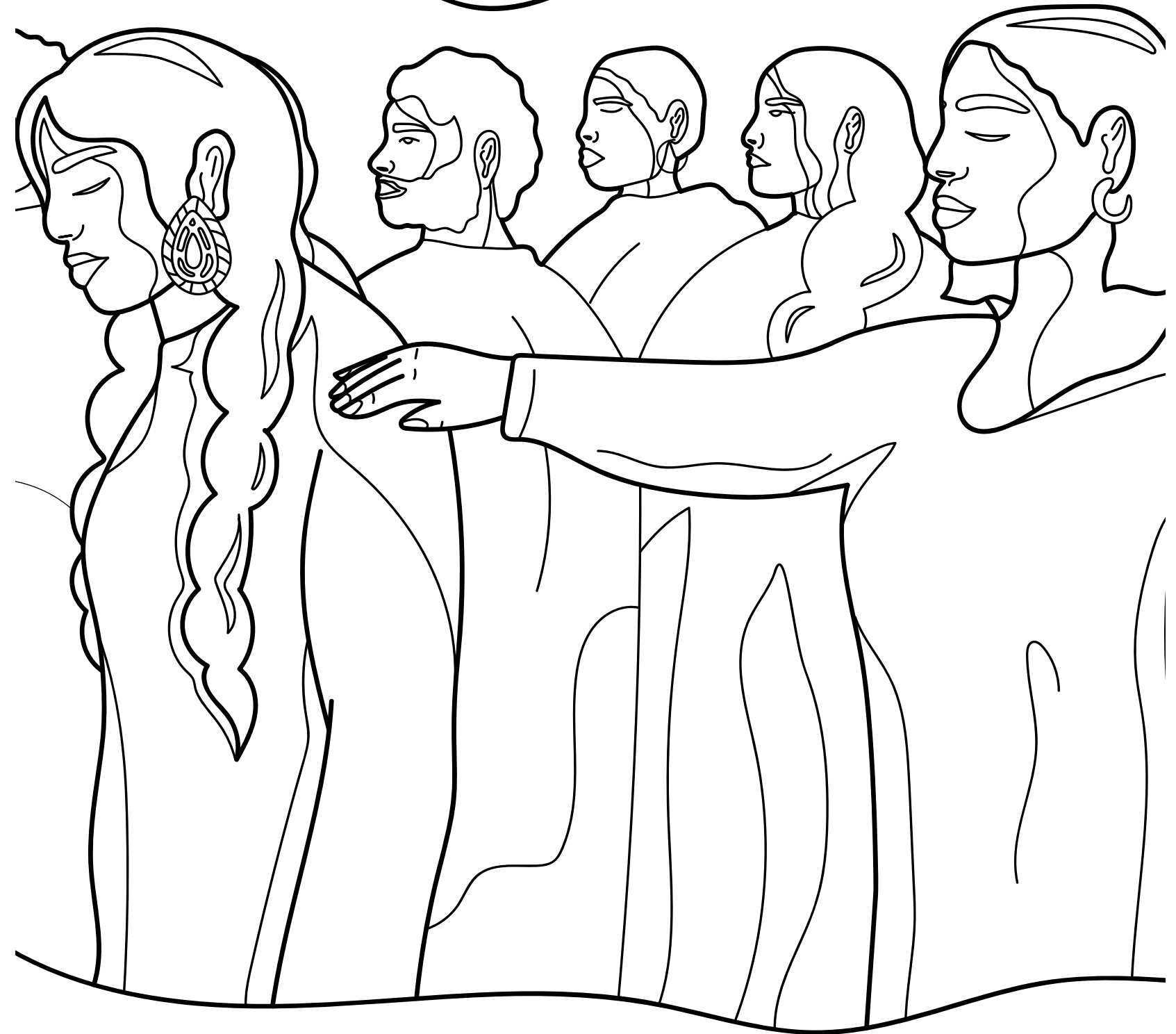


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Public art can remind us of the power of community.

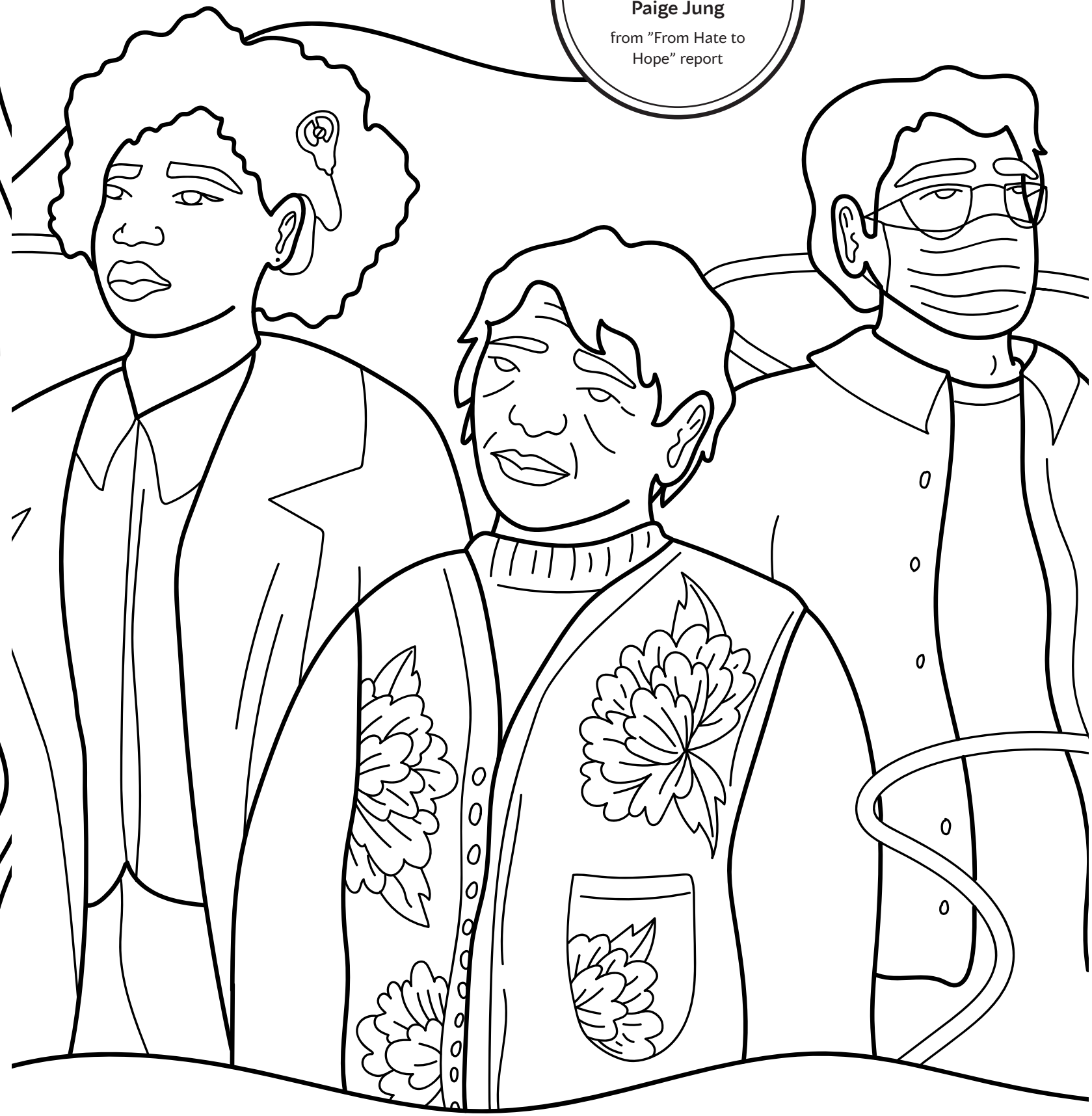
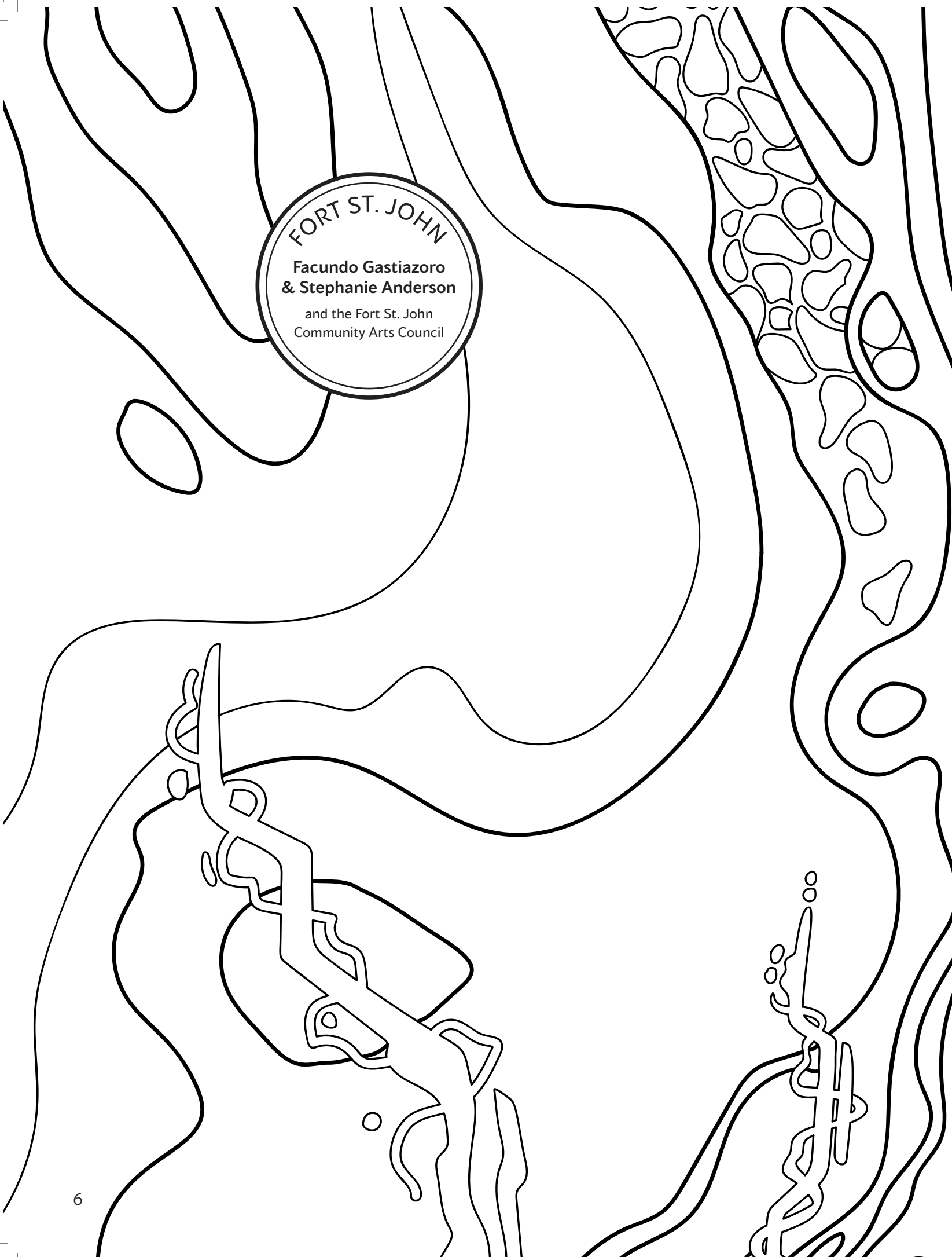
– Kasari Govender
B.C.'s Human Rights Commissioner

FROM HATE TO HOPE
Illustrations by
Paige Jung
from "From Hate to
Hope" report



FORT ST. JOHN
Facundo Gastiazoro
& Stephanie Anderson
and the Fort St. John
Community Arts Council

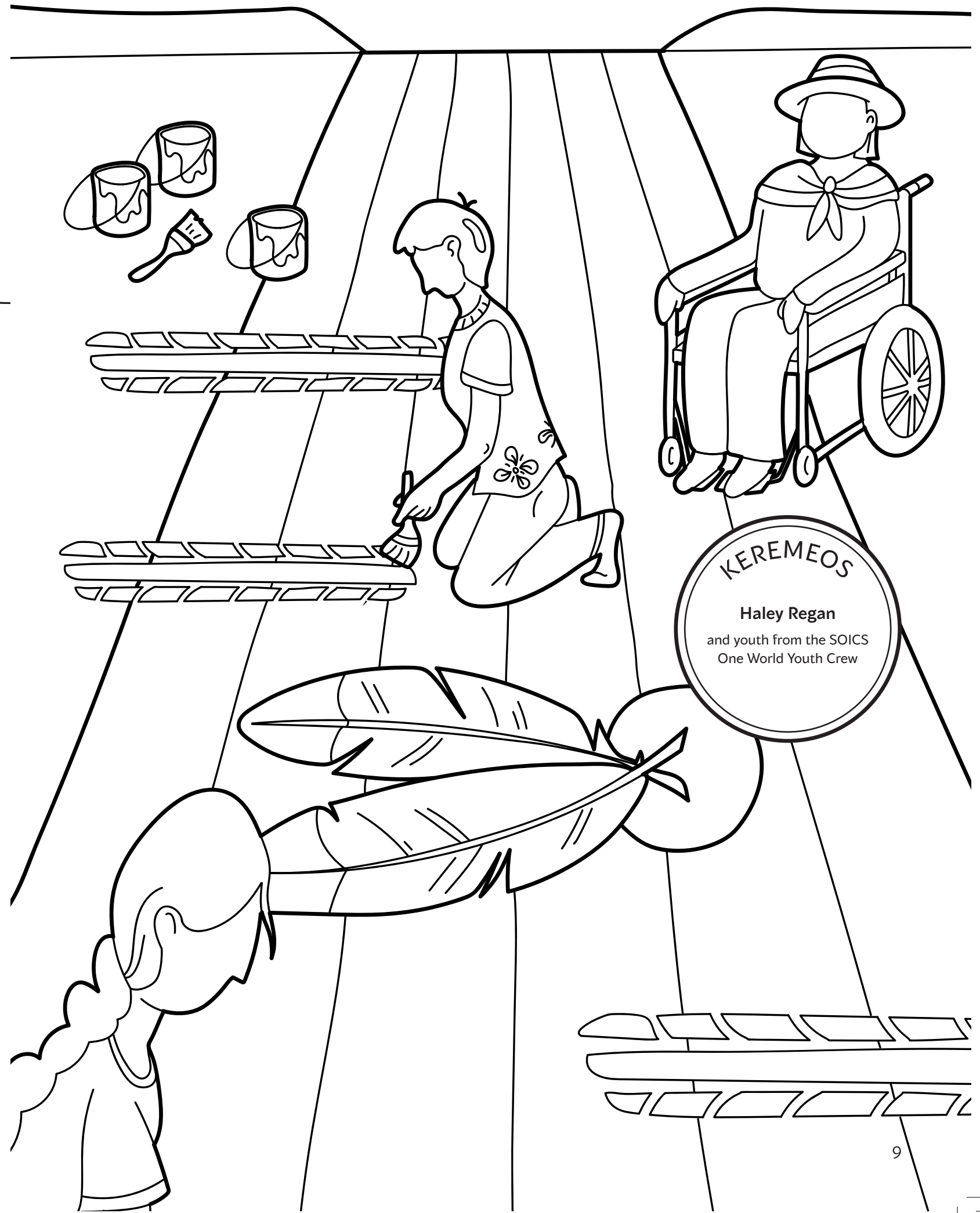
FROM HATE TO HOPE
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That's what art does.
It brings people from all
walks of life together and
makes you think about
the bigger picture.

– Haley Regan
Keremeos mural artist



VANCOUVER
Paige Jung &
Malena Mokhovichova
and Britannia youth



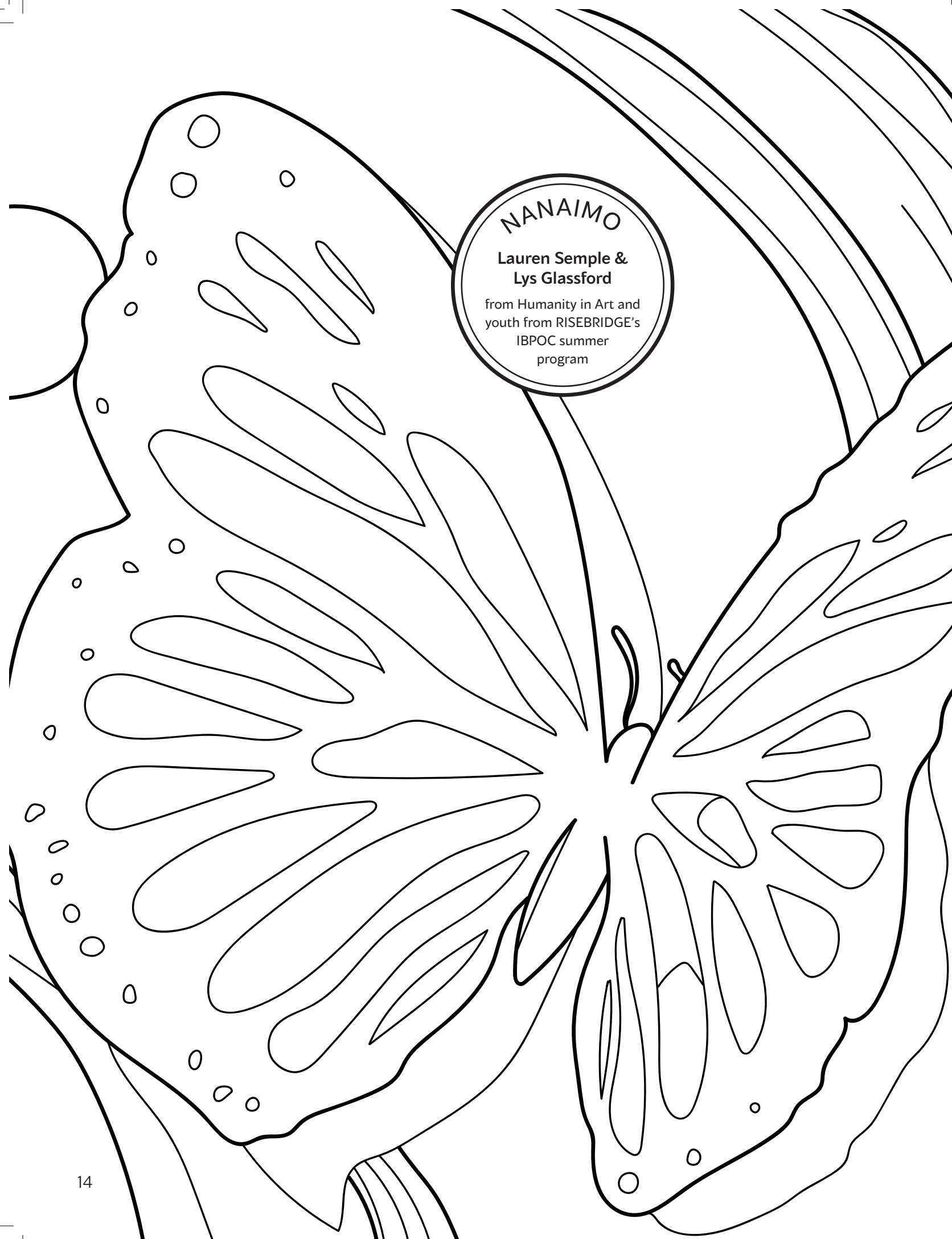
Gyro Bandshell



KEREMEOS
Haley Regan
and youth from the SOICS
One World Youth Crew


VANCOUVER
Paige Jung &
Malena Mikhovikova
and Britannia youth







Our From Hate to Hope inquiry report was brought to life through murals in public spaces—and we created those murals because we know public art is one way to spark conversation, reflection and ultimately change.


We invite you to explore and share these questions and continue the conversation.

 **What does it mean to be treated fairly? How does it feel to be treated unfairly?**

 **How can we show kindness to others?**

 **What communities are you and your family a part of?**

 **How can art help people feel safe in their communities?**

 **Draw your own mural! What does From Hate to Hope mean to you?**

Thanks to

Paige Jung (Report art & Vancouver mural), Malena Mokhovikova, Britannia Community Services Society, youth from Britannia Secondary School (Vancouver mural)

Haley Regan and youth from the South Okanagan Immigrant and Community Services (SOICS) One World Youth Crew (Keremeos mural)

Lauren Semple & Lys Glassford from Humanity in Art and youth from RISEBRIDGE's IBPOC summer program (Nanaimo)

Facundo Gastiazoro and Stephanie Anderson of the Raven-Tacuara Artist Collective and the Fort St. John Community Arts Council (Fort St. John mural)

If you'd like to learn more about the From Hate to Hope report, access it here:
bchumanrights.ca/inquiry-into-hate





Keremeos, BC



Fort St. John, BC



Vancouver, BC



Nanaimo, BC

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This publication can be found in electronic format on the website of British Columbia's Office of the Human Rights Commissioner:
bchumanrights.ca/inquiry-into-hate



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