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British Columbia's Office of the Human Rights Commissioner

Guidelines for people unable to wear a mask as required in British Columbia

Masks are now **mandatory in all indoor public spaces** in B.C., except for people who are unable to wear masks.

You don't have to wear a mask if:

- You are under 5 years old
- You are unable to wear a mask because of a health condition or physical or mental impairment
- You are unable to put on or remove a mask without help from another person
- Wearing a mask prevents you from communicating with someone with a hearing impairment

If a person claims a valid reason they cannot wear a mask, take them at their word. **Proof should not be required**.

Having a valid reason not to wear a mask does not guarantee you access to an indoor space. Businesses can accommodate you by serving you in other ways, such as providing curbside pick-up.

A message from B.C.'s Human Rights Commissioner See the full policy for details: bchumanrights.ca/mask