

# Human rights 101



[bchumanrights.ca/what-are-human-rights/](http://bchumanrights.ca/what-are-human-rights/)

## How to use this Learner Pack

After viewing the video, learners can use the worksheets to reflect and share their thoughts and questions about human rights. Learners Packs will help learners to

1. use key words associated with human rights.
2. connect key ideas with their own experience.
3. generate curiosity about human rights.

## How to pick a Learner Pack

### Pack 1 Learners

Express simple ideas  
in writing with or  
without support

Identify letters and  
simple words

Use pictures to  
illustrate ideas

### Pack 2 Learners

Write in  
full sentences

Read full sentences

Reflect on core  
topics, such as "what  
I learned"

### Pack 3 Learners

Write in  
paragraph form

Read full sentences  
with complex  
vocabulary

Reflect on complex  
topics, such as "why  
that happened?"

## How to create a safe learning space

1. Acknowledge this may be a difficult topic.
2. Help learners identify ways to make the space safe for themselves and their peers.
3. Establish, model, and hold learners accountable for respectful practices.
4. Let learners choose when and how they participate in the learning.
5. Share supports or services impacted learners can access during or after the learning.

Notes for educators can be found in orange.

# What are human rights?

In the box, draw or paste a picture of what human rights means to you.

**Ask learners to draw or paste (following an image search) a picture of what human rights means to them.**

Look at your image and answer the following questions.

What is your drawing is about?

	<b>Educator may assist learners to write answers, depending on skill level.</b>
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What is the title of your image? What made you think of the name?

	<b>Educator may assist learners to write answers, depending on skill level.</b>
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Name: \_\_\_\_\_

# Human rights word search

Look for the words listed below.



Grounds

Area

Code

Boss

Housing

School

Race

Age

Religion

Educators may use the terms above to start a conversation about how they relate to human rights in B.C. For example, school is a service, and a boss relates to employment - both areas in B.C.'s Human Rights Code. For more resources, visit [bchumanrights.ca](http://bchumanrights.ca)

Please send your feedback about Learner Pack 1 to [education@bchumanrights.ca](mailto:education@bchumanrights.ca).



British Columbia's  
Office of the Human Rights  
Commissioner

Name: \_\_\_\_\_

# Human rights 101

Three things I learned from the video:

Ask learners to draw or write 3 ideas or reflections here.

Invite learners to find or create an example or story based on B.C.'s Human Rights Code by selecting a protected characteristic (see pictures on the left for prompts) and a relevant area (see pictures on the right for prompts).

Three things I'm still curious about:

Ask learners to draw or write 3 ideas or reflections here.

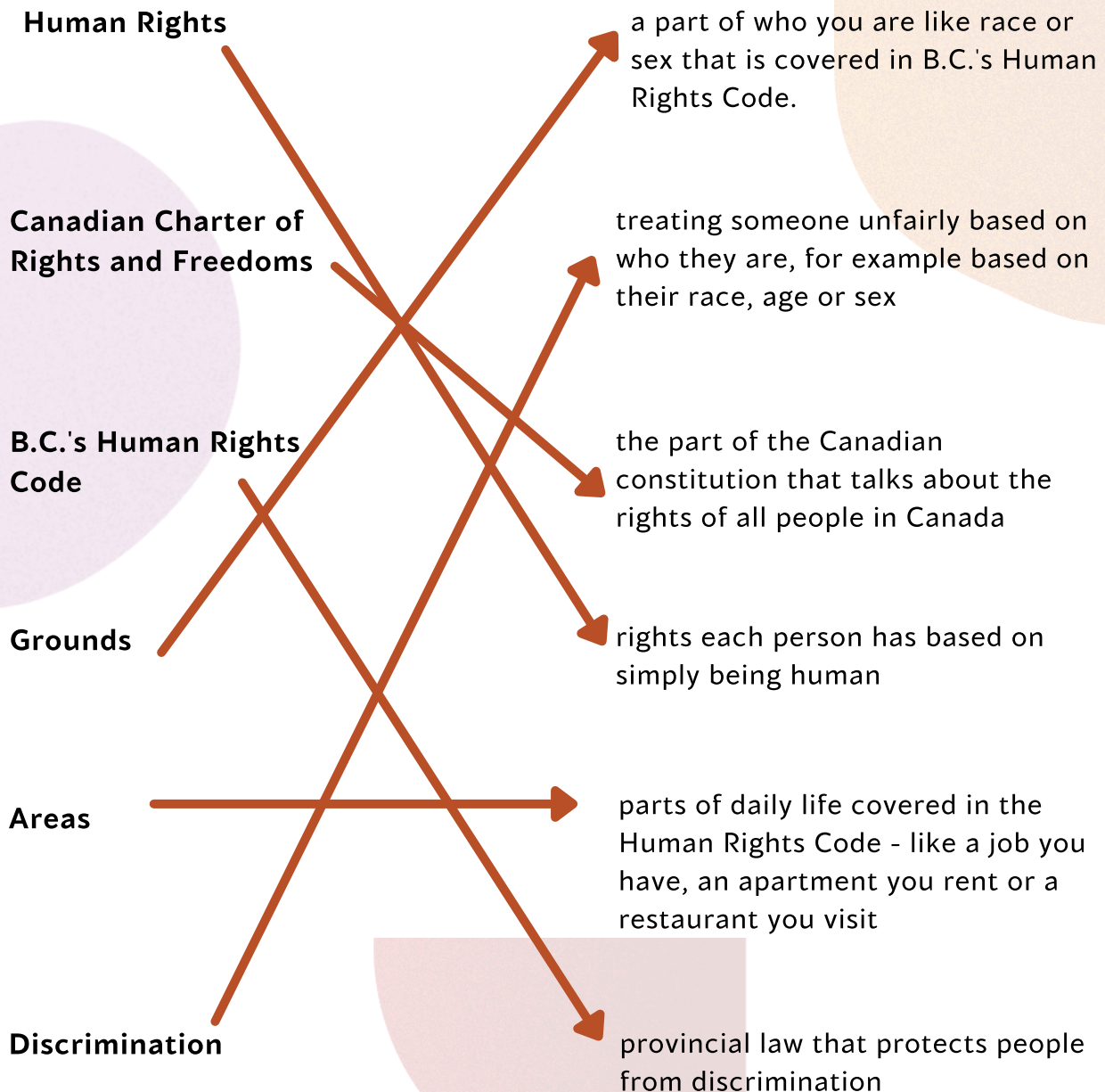




Name: \_\_\_\_\_

# Human rights 101

Match the terms on the left to the correct descriptions on the right.



For more resources, visit [bchumanrights.ca](http://bchumanrights.ca)

Name: \_\_\_\_\_

# Human rights in B.C.

## Fill in the blanks

- The three levels of human rights are International, Constitutional and Statutory.
- An example of an international human right is the right to: food, education, housing.
- The provincial legislation that identifies, prohibits and remedies discrimination is called the B.C.'s Human Rights Code.

**Name three AREAS protected by the Human Rights Code in B.C.**

Employment (work at a job), Employment advertisements (job ads), Tenancy (renting an apartment or space), Services like stores and schools, Buying a house or other land, Being a member of a union & Publications

[www.bchrt.bc.ca/human-rights-duties](http://www.bchrt.bc.ca/human-rights-duties)

**Name three GROUNDS protected by the Human Rights Code in B.C.**

Age, Family status, Mental disability, Religion, Ancestry, Gender Expression, Physical disability, Sex, Colour, Gender identity, Place of origin, Sexual orientation, Criminal conviction, Race, Marital status, Political belief, Source of income

[bchumanrights.ca/what-are-human-rights/](http://bchumanrights.ca/what-are-human-rights/)

The video mentions speaking out against injustice. What does that mean to you?

Educators may also invite learners to share an example of speaking out against injustice from a fictional book or movie.

Please send your feedback about Learner Pack 2 to [education@bchumanrights.ca](mailto:education@bchumanrights.ca).

# Levels of human rights



Who do these laws apply to?



Where are these rights recorded?



What is one example?

International	Constitutional	Statutory
This law governs how the government treats people.	This law governs how the government treats people.	This law governs how certain people or organizations treat other people - for example, how an employer treats their employee.
<u>Universal Declaration of Human Rights</u> and <u>other human rights documents</u>	<u>Canadian Charter of Rights and Freedoms</u>	<u>B.C.'s Human Rights Code</u> and the <u>Canadian Human Rights Act</u>
Find examples at <u>Universal Declaration of Human Rights   United Nations</u>	Find examples at <u>Charterpedia (justice.gc.ca)</u>	Find examples at <u>Human Rights Protection Fact Sheets in English - Province of British Columbia (gov.bc.ca)</u>

## Fill in the blanks

- The two levels of human rights that govern how the government treats people are: International and Constitutional.
- The provincial legislation that identifies, prohibits and remedies discriminatory treatment is called B.C.'s Human Rights Code.
- If I would like to learn more about the Code, I can find it here: bchumanrights.ca and www.bchrt.bc.ca.

Name: \_\_\_\_\_

# Human rights and you

What do human rights mean to you?

Educators may want to select or invite a relevant example from current events or fictional sources for learners to consider while answering these questions.

We'd love to hear about your conversations!  
Share with us on: Facebook, Instagram or Twitter  
[@HumanRights4BC](#) and use the hashtag  
[#HumanRights4BC](#)

If everyone has rights, what responsibilities do we have to each other?

The video mentions respecting the rights of others, recognizing discrimination, and speaking out against injustice. What else do learners think?

The video mentions speaking out against injustice. What does that mean to you?

Educators may also invite learners to find and share an example from current events and/or fictional sources to support their answers.

Please send your feedback about Learner Pack 3 to [education@bchumanrights.ca](mailto:education@bchumanrights.ca).